

Youth Sunday School

"Filled with Love towards God and All Men"

April 13-19 • Mosiah 1-3

Special Note:

Since we're having church at home right now, we've made changes to our packets. They will now be available weekly. They include activities and handouts for teachers to send to their class members or for parents to use at home to teach their own children. You can download the zip file [here](#) of the files to make it easier to share them online.

Each weekly packet will include a question, handout, worksheet/activity sheet, and a scripture journal prompt. Please use what works for you in your own circumstances. You don't need to use everything that is included.

When preparing these lesson helps we follow the lesson outline closely. We will never vary from the doctrine taught in the lesson outline. It is important that you always read through the lesson and all of the suggested scriptures. Then read through the helps we have provided and pray about which activities will be the most beneficial to your class or child(ren), following the guidance of the Spirit. As teachers, this is especially important as you try to minister to your class while we are not meeting. The thing I love most about the Come, Follow Me format is that it is designed for the youth to take an active role in their learning. We have designed our lesson helps to help facilitate a lesson full of thought and discussion, even if that means sending e-mails or texts.

Additional Resources:

- Love Pray Teach Home and Family. (Don't forget: if you are a paid member on our site, our Home & Family packets are included with your membership!)
- King Benjamin - Figures from the Book of Mormon in the April 2020 New Era
- Ensign: Family Study Fun
- Ensign: Come, Follow Me: Book of Mormon—Support Articles and Activities



Youth Sunday School

HOW TO USE THIS PACKET WHEN HAVING CHURCH LESSONS AT HOME

In light of recent events and church being held only in our homes for awhile, we hope the ideas in this packet will help you as a parent and a teacher. If you are a paid member on our site, our Home & Family packets are included with your membership! You can use them in conjunction with the following ideas.

If you are a teacher:

We have been asked to continue our ministering. Part of our callings as teachers is ministering to those we teach. Most of the teaching will still be done in the homes, but there are things you can do to help your students continue to learn from you.

- **Send a handout/quote from the packet.** Use the new Gospel Living App if all of your students have access to it. (If your class hasn't set this up yet, you can e-mail or text. You could also print the handouts or prompts to mail or deliver if you live close by.) Include a question to get them thinking and studying their scriptures. (I've included an idea.) Encourage discussion among the group!
- **Use Google Hangout, Skype, or another free online meeting service.** Give plenty of notice to your class! If approved by your Bishop, you can do this on Sundays. Have an online meeting!
- **Use Social Media.** If you have an Instagram or Facebook group for your class, post a handout/quote. Ask a question or questions from the lesson. If on Instagram, you could do a story or IGTV and use polls and multiple choice questions using the apps functions.
- **Play Kahoot** (www.Kahoot.com). You can do this remotely, everyone just needs the login information. Use ideas and questions from the manual and this packet to help you! Again, make sure everyone has plenty of notice of when to start the game so they're all playing it together.

If you are a parent:

Many of the activities in this packet can easily be used for your family! Use these ideas along with your Family Come, Follow Me lesson time. Here are some ideas for older children and teenagers:

- Have your children work independently. Give them small assignments like the included worksheet or journal prompt. Come back together to discuss as a family.
- Have your children teach a section to the rest of the family!
- Do some of the group activities from the packet together as a family.
- Print some of the posters or handouts from the packet and display them around your home.
- Print the visual aids that include questions and make an assignment for your children. Set a time you will meet back together to share and discuss.
- For teenagers, specifically, many families are choosing to still have a lesson for their teens each Sunday. This is especially helpful if you have young children at home, too, and your family lessons are geared toward them. Use the ideas and printables in this packet to help you learn with your teen.

“Filled with Love towards God and All Men”

Mosiah 1-3

Activity



TRUTHS ABOUT SERVICE - MOSIAH 2:10-26

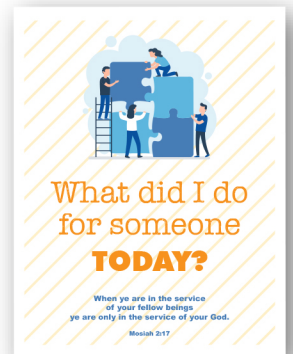
Send or give this activity to your youth. Ask them to read Mosiah 2:10-26 and answer the questions on the worksheet. This is a great activity to send along with the question below! Share a story about a time you overcame an obstacle to serve or share your testimony about serving God when we serve those around us.

Question

SERVICE - MOSIAH 2:10-26

This question can be printed to display in your home or texted or emailed to class members. Ask your youth to read Mosiah 2:10-26. Encourage them to serve every day. Remind them that seemingly small acts of service count because they can mean a lot to the recipient.

Remind them that they may need to be creative in ways they serve as we're all at home. You could give them some ideas like sending a thank you email or text to someone, doing a chore for a sibling, helping a parent make dinner, or even leaving sidewalk chalk messages for their neighborhood! Teachers, you could invite your class to send you an email or text with some things they did to serve this week.



Scripture Journal Prompt



Happiness comes from keeping the commandments.

Read Mosiah 2:38–41. How would you describe the happiness that comes from obedience to God? What is the difference between worldly happiness and eternal happiness? How have you experienced eternal happiness in your life?

ETERNAL HAPPINESS - MOSIAH 2:38–41

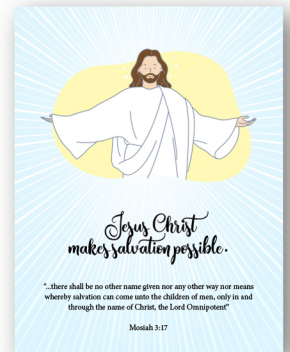
Send this scripture journal prompt to your class members (or do it at home with your own youth). Invite them to read these scriptures and ponder what eternal happiness means to them. When you send this to your youth, share your testimony about how living the commandments of God has brought happiness to your life.

Handout

SALVATION - MOSIAH 3:1–20

Send this handout to your class or display it in your home. Ask your youth to read Mosiah 3:1–20 and ponder how Jesus Christ makes salvation possible. Invite them to watch this short video: “What Happens after We Die?” and read more about salvation here:
churchofjesuschrist.org/study/manual/gospel-topics/salvation

You could invite them to email or text you one thing that stood out to them as they read about salvation. You could also ask them to re-read verses 18 and 19 and answer the question: “What must we do to receive salvation?”



TRUTHS ABOUT SERVICE

DIRECTIONS: List some obstacles you and your family face when trying to serve. Then read **MOSIAH 2:10-26** and list some truths we learn about service from King Benjamin.



What **OBSTACLES** do we face when we try to serve?

What **TRUTHS** do we learn about service from King Benjamin?





What did I do for someone **TODAY?**

**When ye are in the service
of your fellow beings
ye are only in the service of your God.**

Mosiah 2:17



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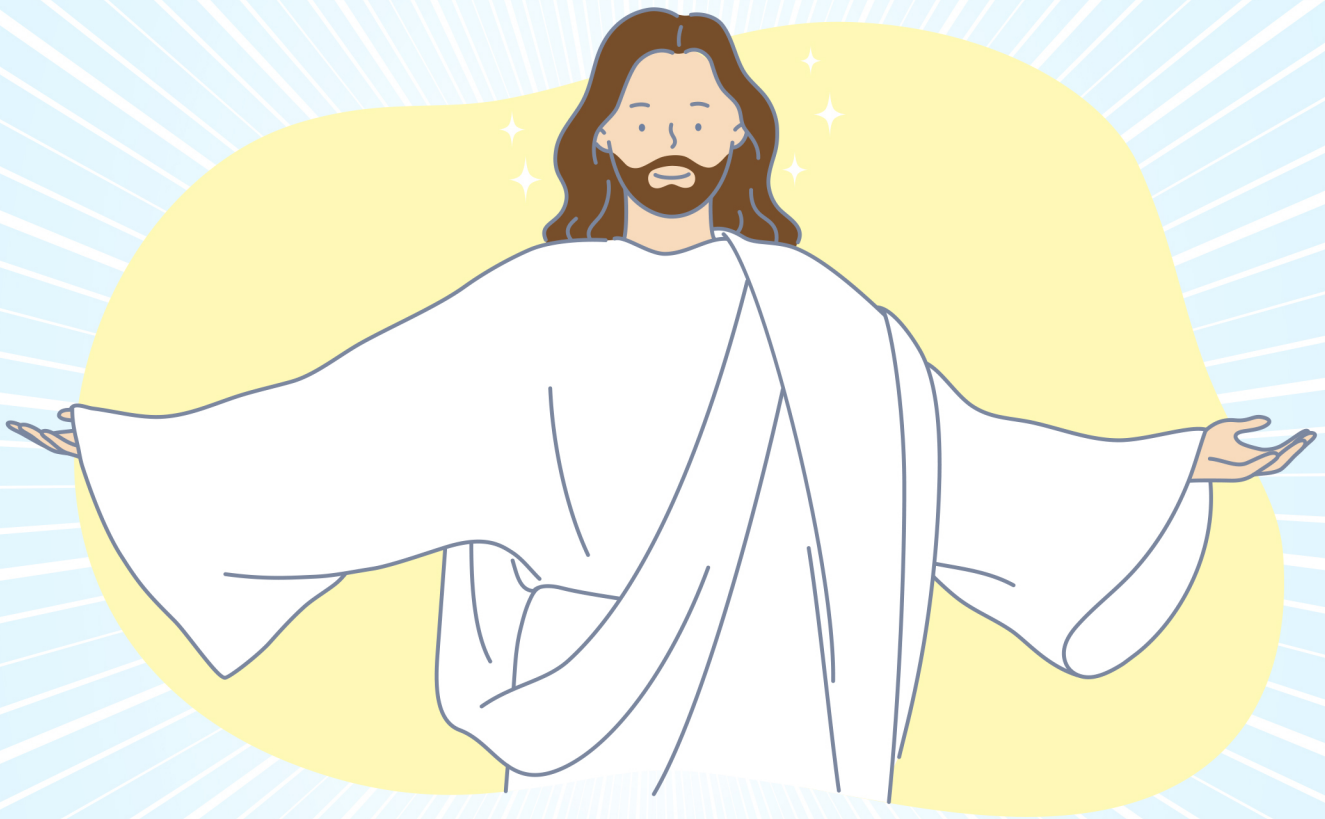
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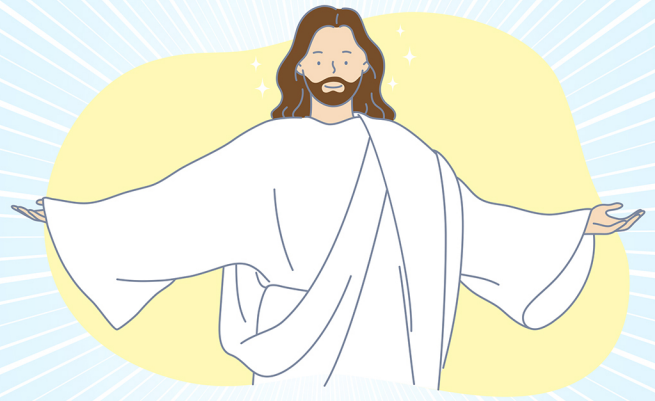
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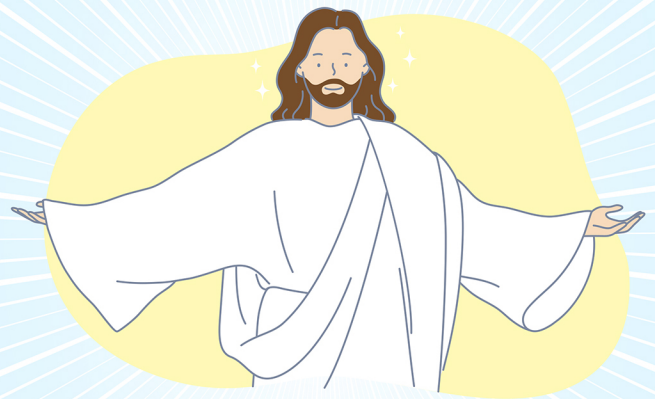
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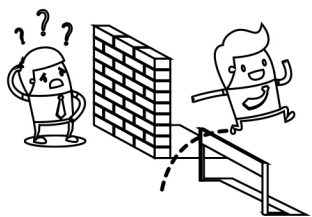
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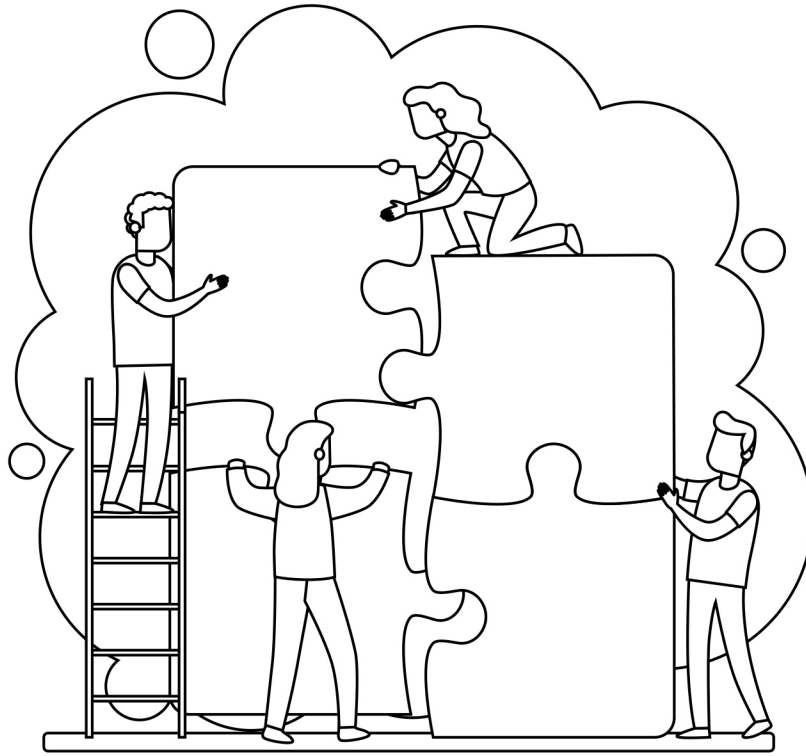
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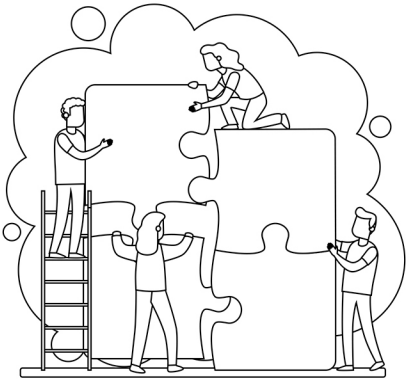




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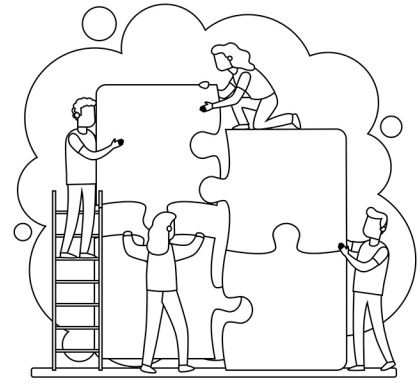
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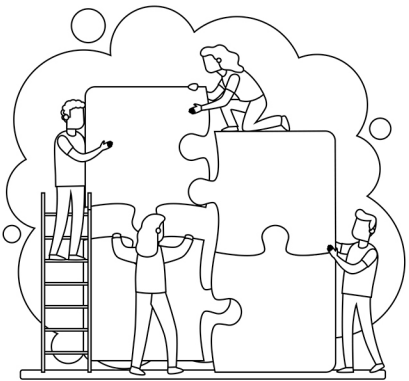
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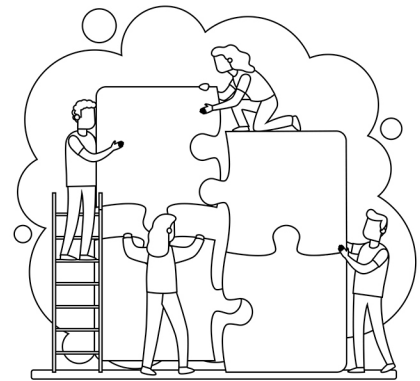
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